## **Proceedings**

State of the Science Symposium:

Metabolic Pathways and Therapeutics to Promote Resilience, Rehabilitation and Delayed Aging

Friday, October 25<sup>th</sup> 2019
Sanford Auditorium, Uniformed Services University of the Health Sciences
4301 Jones Bridge Road Bethesda, Maryland

## Organized By

Uniformed Services University of Health Sciences National Institute on Aging

Intermittent fasting: from calories to time restriction Eleonora Duregon, Laura C.D. Pomatto-Watson, Nathan L. Price, Michel Bernier, and Rafael de Cabo https://link.springer.com/article/10.1007%2Fs11357-021-00335-z

Fasting and Fasting-Mimicking Diets for Chemotherapy Augmentation Sebastian Brandhorst https://www.springer.com/journal/11357

Glycolytic Inhibition: Effective Strategy for Developing Calorie Restriction Mimetics Donald K. Ingram, George S. Roth <a href="https://link.springer.com/article/10.1007/s11357-020-00298-7">https://link.springer.com/article/10.1007/s11357-020-00298-7</a>

Diabetes Medications as Potential Calorie Restriction Mimetics: A Focus on the Alpha-Glucosidase Inhibitor Acarbose

Daniel L. Smith, Jr, Rachael M. Orlandella, David B. Allison, Lyse A. Norian <a href="https://link.springer.com/article/10.1007/s11357-020-00278-x">https://link.springer.com/article/10.1007/s11357-020-00278-x</a>

Geroscience Perspective on Immune Resilience and Infectious Diseases: A Case For Metformin

Jamie N. Justice, Sriram Gubbi, Ameya S. Kulkarni, Jenna M. Bartley, George A. Kuchel, Nir Barzilai

https://pubmed.ncbi.nlm.nih.gov/32902818/

Longevity Pathways in Stress Resistance: Targeting NAD and Sirtuins to Treat the Pathophysiology of Hemorrhagic Shock Joseph Baur, Carrie Sims, Hanna Labiner, Sohini Shah <a href="https://link.springer.com/article/10.1007%2Fs11357-020-00311-z">https://link.springer.com/article/10.1007%2Fs11357-020-00311-z</a>

Effect of Rapamycin on Aging and Age-Related Diseases: Past and Future Ramasamy Selvarani, Sabira Mohammed Jazir, Arlan Richardson https://link.springer.com/article/10.1007%2Fs11357-020-00274-1

Towards Resolving the Enigma of the Dichotomy of Resveratrol: Cis- and Trans-Resveratrol Have Opposite Effects on TyrRS-Regulated Parp1 Activation Megha Jhanji, Chintada Nageswara Rao, Sajish Mathew <a href="https://link.springer.com/article/10.1007/s11357-020-00295-w">https://link.springer.com/article/10.1007/s11357-020-00295-w</a>

Mitochondrial-Derived Peptides in Aging and Age-Related Diseases Su-Jeong Kim, Brendan Miller, Hiroshi Kumagai, Ana R. Silverstein, Melanie Flores, Kelvin Yen

https://link.springer.com/article/10.1007/s11357-020-00262-5

From Bedside to Battlefield: Intersection of Ketone Body Mechanisms in Geroscience with Military Resilience
Brianna J Stubbs, Andrew P Koutnik, Jeff S Volek, John C Newman
<a href="https://link.springer.com/article/10.1007/s11357-020-00277-y">https://link.springer.com/article/10.1007/s11357-020-00277-y</a>

## **Conference Co-Chairs:**

- COL (Ret.) Paul Pasquina, MD; Chair, Department of Physical Medicine and Rehabilitation, Uniformed Services Univ. of the Health Sciences; Chief, Integrated Department of Orthopedics & Rehabilitation, WRAMC National Naval Medical Center
- Donald K. Ingram, PhD. Adjunct Professor, Nutritional Neuroscience and Aging Laboratory Director, Animal Metabolism and Behavior Core, Pennington Biomedical Research Center, Louisiana State University, Baton Rouge, LA
- Dr. William K. Smith; MD Associate Professor, Physical Medicine and Rehabilitation, Uniformed Services University of Health Sciences, Adjunct Associate Professor, University of South Carolina School of Pharmacy